



## नेपाली राजदूतावास, अबुधाबी

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### नोबल कोरोनाभाइरससम्बन्धी सूचना।

Ref.

संयुक्त अरब इमिरेट्स (युएइ) को Ministry of Health and Prevention (MoHAP) का अनुसार युएइमा कोरोना भाइरस संक्रमणका केही केसहरू पाइएका छन् । सुरुमा युएइमा रहेका एक चिनियाँ नागरिकको परिवारका चार सदस्यमा देखिएको सङ्क्रमण पछिल्लो समयमा चार इरानी र एक बहराइन नागरिकहरूमा पनि देखा परेको बुझिएको छ ।

युएइ सरकारले कोरोना भाइरस संक्रमण फैलिन नदिनका लागि विश्व स्वास्थ्य संगठनको guidelines बमोजिमका प्रभावकारी अनुगमन संयन्त्र कार्यान्वयनमा ल्याएको देखिन्छ ।

साथै यसको रोकथामका लागि युएइ सरकारले अन्य उपायहरू पनि अवलम्बन गरेको देखिन्छ । यस सन्दर्भमा तपसिलबमोजिमको सतर्कता अपनाउनुहुन युएइमा रहेका सबै नेपाली नागरिकहरूलाई राजदूतावास अनुरोध गर्दछ ।

- सजीव तथा मृत जनावारबाट टाढा बस्ने,
- रुघाखोकी र ज्वरो आएका व्यक्तिबाट टाढा रहने,
- बेलाबेलामा साबुनपानीले हात धोइराख्ने,
- Hand sanitizer प्रयोग गर्ने,
- खोकदा र हाक्छुँ गर्दा रुमालले नाकमुख छोप्ने,
- रुघाखोकी र ज्वरो आएको भए लामो यात्रा नगर्ने,
- सार्वजनिक स्थानमा जाँदा मास्क लगाउने,
- रुघाजन्य संक्रमण भएमा नजिकको स्वास्थ्य केन्द्रमा सम्पर्क गर्ने,
- कोरोना भाइरस अति प्रभावित मुलुकहरूमा सकेसम्म भ्रमण नगर्ने ।

यसका साथै कोरोनाभाइरस सम्बन्धमा जनचेतना जगाउने उद्देश्यले युएइको Ministry of Health and Prevention (MoHAP) ले अंग्रेजी भाषामा तयार पारेको यो रोग के हो, कसरी सर्दछ, लक्षणहरू के हुन्, उपचार के छ, रोकथामका उपायहरू के हुन्लगायतका विषयवस्तु समावेश भएको guidelines यसैसाथ संलग्न गरिएको छ । उक्त guidelines मा उल्लिखित सावधानीहरू पनि अपनाउनुहुन सबैमा अनुरोध गरिन्छ ।

यस परिस्थितिमा अत्यावश्यक अवस्थामा बाहेक भीडभाडयुक्त स्थानहरूमा जाने, विभिन्न किसिमका कार्यक्रम एवं जमघटहरू आयोजना गर्ने तथा सहभागिता जनाउनेलगायतका कार्यहरू सकेसम्म नगर्न राजदूतावास अनुरोध गर्दछ ।

युएइमा वसोबास गर्ने कुनै पनि नेपाली नागरिक कोरोनाभाइरसबाट संक्रमित भएको जानकारी हालसम्म यस राजदूतावासमा प्राप्त भएको छैन । यस कोरोनाभाइरसको संक्रमणका लक्षणहरू देखिएमा, आशंका भएमा युएइ सरकारको स्वास्थ्य विभागको 'Estijaba' Service (८००१७१७), Ministry of Health and Prevention (MoHAP) को ८००१११११, Dubai Health Authority को ८००३४२ मा सम्पर्क गर्नुहुन अनुरोध गरिन्छ । साथै, युएइस्थित नेपाली समुदायका व्यक्तिहरू संक्रमित भएको देखिएमा राजदूतावासको सम्पर्क नं ०२६३४४७६७/६३४४३८५ मा जानकारी गराउनुहुनसमेत अनुरोध गरिन्छ ।

नेपाली राजदूतावास

अबुधाबी ।

२०७६ फागुन १९







UNITED ARAB EMIRATES  
MINISTRY OF HEALTH & PREVENTION

ABU DHABI PUBLIC  
HEALTH CENTRE

مركز أبوظبي  
للصحة العامة

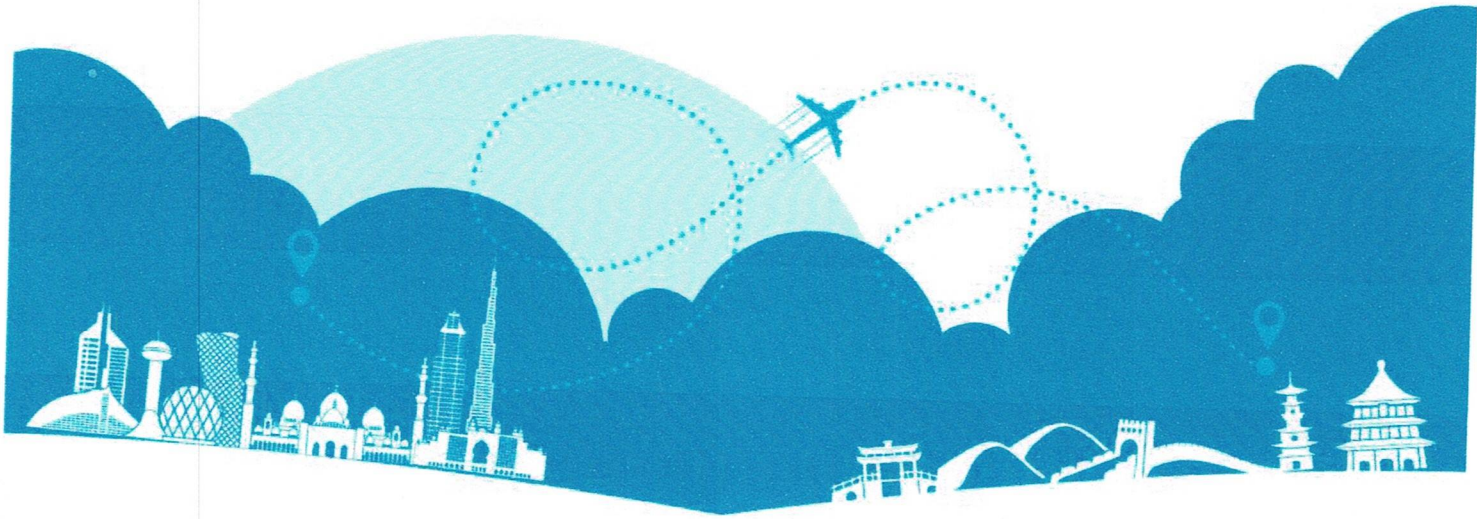


حكومة دبي  
GOVERNMENT OF DUBAI

هيئة الصحة بدبي  
DUBAI HEALTH AUTHORITY



دائرة الصحة  
DEPARTMENT OF HEALTH



## Are you travelling to China?

Here are some information about  
**Novel Coronavirus (nCoV)**



### What is the Disease?

Novel Coronavirus is a new strain of coronavirus, first identified in a clusters with pneumonia symptoms in Wuhan city, Hubei province of China.

Most of the cases were epidemiologically linked to the seafood and animal market.



## How is the virus transmitted ?

It's likely that the novel coronavirus originated in an animal species, and then spread to humans.

Person to person spread of the novel corona virus is reported, but it is not yet understood how easily this happens.

Other human coronavirus strains are spread from person to person through contaminated droplets from a person who is sick with the illness (through coughing or sneezing) or contaminated hands.



## Is there a vaccine against the novel coronavirus?

Currently there are no available vaccine that protect against novel coronavirus.







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## What are the symptoms?



**Cough**



**Shortness  
of breath**



**Fever**



**Sore throat**



**headache**

?

## Is there any treatment for Novel coronavirus?

There is no specific treatment. It is mainly supportive treatment that aims at reducing symptoms.



## What should symptomatic travelers coming from china do?

If you traveled to china and feel sick with fever, cough, or difficulty breathing, you should:

- Seek medical care right away. Before you go to a doctor's office or emergency room, call ahead and tell them about your recent travel and your symptoms.
- Avoid contact with others.
- Not travel while sick.
- Cover your mouth and nose with a tissue or your sleeve (not your hands) when coughing or sneezing.
- Wash hands often with soap and water for at least 20 seconds. Use an alcohol-based hand sanitizer if soap and water are not available.





## What information sources are reliable ?

We recommend that you receive the correct information from government health agencies and do not circulate information about diseases in general. In the event that any medical support or inquiry is required, please contact:

- "Estijaba" service at the operation center - Department of Health at **8001717**
- Ministry of Health & Prevention at **80011111**
- Dubai Health Authority at **800342**





## Ways to prevent the disease

1

Avoid animals (alive or dead), animal markets, and products that come from animals (such as uncooked meat).



2

Avoid close contact with anyone showing symptoms of respiratory illness.



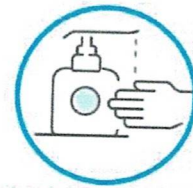
3

Wash hands often with soap and water for at least 20 seconds.



4

Use hand sanitizer if soap and water are not available.



5

Cover coughs and sneezes with tissues.



6

Do not travel if you develop any illness symptoms.

